

Orthopedic Products

Soft Wrist Splint (one size)

Effective support for the prevention and treatment of wrist injuries in the work place.

Cost: \$ 12

Rigid Wrist Splint (x-small to x-large)

Thin lightweight neoprene conforms to contours. Used for arthritic conditions, carpal tunnel syndrome and tendonitis.

Cost: \$21

Shoulder Pulley

Lightweight portable unit helps increase shoulder range of motion.

Cost: \$12

Elbow Band (one size)

Helps relieve pain while maintaining support.

Cost: \$7

Foam Rollers

Lightweight, portable bolsters are ideal for home exercise programs. Available in 6" rounds.

Cost: \$18

Reusable HOT & COLD packs

Soft gel remains pliable when frozen. These hot/cold packs can be heated either in warm water on a stove or microwaved in a container with water. Retains heat or cold for 20 to 40 minutes.

Cost: \$2 for small and \$3 for medium



Other products available:

Exercise Supplies:

Hand Exercise Putty
Therabands

Stress Relief:

Stress Management CDs in English and Spanish

Pain Relief:

Biofreeze Roll-On

Lending Library:

Books & DVDs on a variety of health topics

Health Store

Milpitas Medical Offices

770 East Calaveras Boulevard

408-945-2786

Monday – Friday

9:00 AM - 5:00 PM

(Closed 12:30 PM - 1:30 PM)

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All sales are final: Due to FDA regulations, Kaiser Permanente cannot accept returns of purchased personal products.