



## Diablo Service Area Department of Urology

# How to Remove Your Foley Catheter

### Removing your Foley Catheter:

- ✓ Place a small basin or bowl under the inflation port and a towel to protect the bed.
- ✓ Using scissors, cut the inflation port tubing before it reaches the main tubing of the catheter.
- ✓ A small amount of water will drain from the inflation port, showing that the balloon inside has deflated.
- ✓ After all the water has drained out, slowly pull out the catheter until it is completely removed.
- ✓ If you cannot remove the catheter with only slight pulling, notify your health care provider immediately. Do not force the catheter by pulling too hard. Come to the clinic or the Emergency Department for assistance.
- ✓ Be careful not to cut the catheter anywhere else.

Notify your health care provider if you are unable to urinate within 8 hours after catheter removal, or if your abdomen becomes distended and painful.

### How to Reach Us

- ✓ Call (925) 295-4060, press #4 for the Advice Nurse – Monday through Friday, during office hours
- ✓ After Hours, Nights and Weekends – go directly to the Emergency Department
- ✓ Please don't hesitate to call us with any concerns or questions

**Antioch Medical Center, Department of Urology** 925-813-6000  
**Walnut Creek Medical Center, Department of Urology** 925-295-4060

