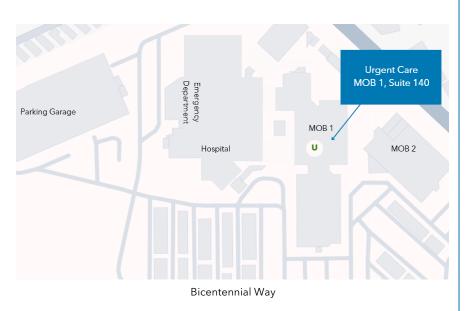


## Now open New urgent care in Santa Rosa

Kaiser Permanente members can now get nonemergency care at our new Urgent Care Clinic in the Santa Rosa Medical Office Building 1, Suite 140.

#### Walk-in appointments welcome.



#### Urgent Care at the

#### Santa Rosa Medical Center

401 Bicentennial Way, MOB 1, Suite 140 Santa Rosa, CA 95403

- 8:30 a.m. to 8 p.m., Monday through Friday
- 8:30 a.m. to 5 p.m., weekends and holidays

For advice on care options Adult Advice Nurse 707-393-4044

Pediatric Advice Nurse 707-393-4033

See next page for more details about when to use urgent care.



#### What is urgent care?

An urgent care need is not an emergency medical condition but does require prompt attention, usually within 24 to 48 hours. Not sure if your condition qualifies? Here are some examples of where to get different conditions treated.

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### Book a primary care appointment for:

- Routine physical exams
- Pap tests or cervical cancer screenings
- Follow-up exams
- Management of ongoing medical conditions, like diabetes or hypertension
- Chronic joint pain or lasting symptoms from older injuries
- Chronic cough lasting longer than 2 weeks



#### Consider urgent care for:

- Minor wounds or cuts
- Minor injuries like bites, sprains, strains, backaches, or acute back pain
- Frequent urination or burning sensation when urinating, or sexually transmitted infection (STI) testing
- Severe sore throat, cough, or upper-respiratory symptoms
- High fever
- Mild breathing issues
- Earaches



### Call **911** or go to the emergency room for:

- Severe, persistent bleeding
- Severe shortness of breath or chest pain
- Major broken bones or head injuries
- Sudden decrease in or loss of consciousness
- Sudden, severe abdominal pain
- Slurred speech, or sudden inability to talk or move one side of the body



If you believe you have an emergency medical condition, call **911** or go to the nearest hospital. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage* or other coverage documents.

