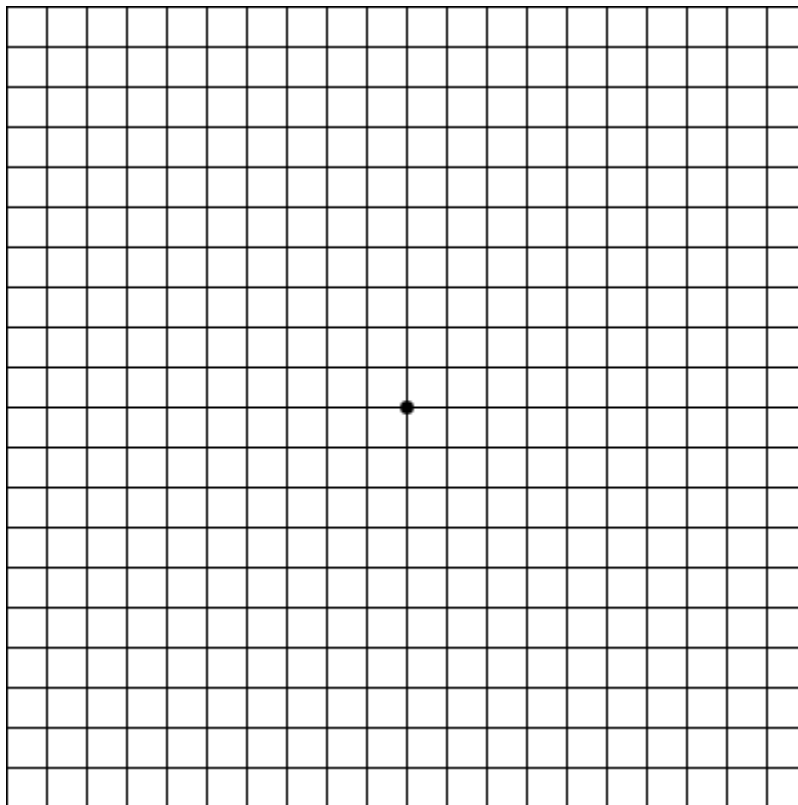




Using the Amsler Grid

INSTRUCTIONS

- If you wear glasses for reading, wear your glasses while looking at the Amsler Grid. Place the grid at a comfortable reading distance making sure the grid pattern is in focus.
- Covering one eye, look directly at the small dot in the center. While looking only at the center square, appreciate if the grid pattern is straight and even like a piece of graph paper. If any lines appear distorted, blurred, or absent, call for an appointment. Cover the other eye and look at the grid again in the same manner.
- Place the grid on your refrigerator or closet door at eye level to remind yourself to check the grid on a regular basis.



NOTE: If you are noticing any sudden vision change, such as flashing lights or floaters, you should come in for a dilated eye exam, even if the Amsler Grid looks normal.

This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult your doctor. If you have questions or need more information about your medication, please speak to your pharmacist.