



Frequently Asked Questions about the Medicare *Annual Wellness Visit*

What is the Medicare *Annual Wellness Visit*?

The ***Annual Wellness Visit*** is a preventive service for Medicare members. The purpose of the visit is to assess general health and wellness and discuss ways to stay healthy.

For this visit, Medicare has asked you to fill out the 36-point ***Medicare Total Health Assessment*** form, which will help determine what areas your providers need to focus on. After you have completed this form, we will review your answers and discuss with you the best ways to keep you healthy and well.

Is this the same thing as my annual check-up?

The *Annual Wellness Visit* (AWV) is a chance for us to work with you on your total health. Based on Medicare guidelines, this visit is **not** an annual physical or check-up and does not include a physical exam. We may take your height, weight, and blood pressure to aid in the discussion. The goal of the AWV is to review with you the key factors contributing to your overall well-being and to provide information about healthy living.

What if I want to talk about other medical concerns or conditions?

Medicare guidelines require that this visit be used to complete the *Medicare Total Health Assessment* and discuss any wellness issues that come up as a result. If time permits, we will also address any other medical issues that are important to you. It may be necessary to make a future appointment for follow-up.

Before the visit

Let our receptionist know if you would prefer a regular check-up to the Annual Wellness Visit so your doctor can better meet your needs.

Co-Pay

Depending on your plan, there may be a co-pay for this visit. Please contact your plan administrator for more details.