



Home Phototherapy

Instructions for Your Newborn

Using the Biliblanket at home

A Biliblanket system helps lower your baby's bilirubin levels. It can be used for babies who are jaundiced and meet specific treatment requirements. You can place it around your baby continuously without harming them.



The Biliblanket is a long pad that shines full spectrum fiberoptic light. When in use:

- Cover the light pad with a BiliSoft Pad Cover (or Nest).
- Place your baby on their back, directly on the light pad.
- Keep your baby on the Biliblanket as close to 24 hours a day as possible. This is the best way to lower your baby's bilirubin levels.

Your baby will have regular bilirubin lab checks while using the Biliblanket.

Returning the Biliblanket

Your pediatrician or nurse practitioner will let you know when your baby no longer needs the Biliblanket. Call Apria Healthcare at 1-888-452-4363 to pick up the Biliblanket at your home. Don't return it to the clinic.

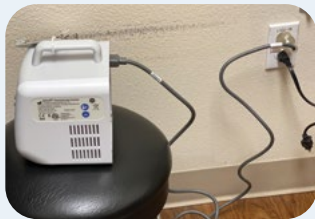
Questions

If you have questions or concerns about the equipment, please call Apria Healthcare directly at 1-888-452-4363.

Instructions



1. Insert the cable into the box. Handle the fiberoptic cable connector with caution to prevent dropping and damage to the connector or yourself.



2. Plug the BiliSoft box (phototherapy unit) into a grounded electrical outlet.



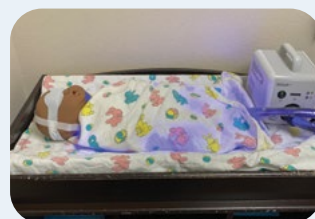
3. Insert the BiliSoft Pad into the BiliSoft Pad Cover. The illuminated side (the side with letters, numbers, or a baby diagram) should face up and be against the padded side of the cover.



4. Place your baby on their back on the padded side of the BiliSoft cover. Your baby should wear only a diaper. Their head shouldn't be placed on the pad. Adjust the straps as needed. Protect your baby's eyes with the eye covering.



5. Turn the BiliSoft box on.



6. Swaddle your baby using a thin cotton blanket. The blanket should swaddle around your baby while your baby is still lying on the light pad. Your baby should be held and fed while continuing the treatment. Your baby may also lie skin to skin on you with the Biliblanket over your baby's back. Be sure to cover you both with a blanket to keep the light away from your eyes.

This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult your doctor. Some photos may include models and not actual patients.