

# Esophageal Manometry



Patient Name:

## Outpatient Procedure Center (OPPC)

710 Lawrence Expressway, Dept. 240  
Santa Clara, CA 95051-5173

Date:

Arrival Time:

Please be at the OPPC at your scheduled time. If you are late, your procedure may be cancelled or rescheduled.

Please bring your member card, picture identification and payment with you.

**To cancel or reschedule** this visit, please call (408) 851-2750 **no later than 72 hours before** your appointment.

This test involves passing a thin, flexible tube through your nose and into your throat. A small amount of numbing jelly is used in the nose to make the passage of the tube more comfortable. You will be asked to swallow small sips of water during the test. This test usually takes 30 minutes to complete.

## General information

For the 24 hours before your test, you should not take any of these types of medications. Please talk to your primary care provider if you are taking them for your heart or blood pressure.

Metoclopramide (Reglan)

Diltiazam (Cardizem)

Verapamil (Calan)

Domperidone (Motilium)

Isordil

Felodipine (Plendil)

Nifedipine (Procardia)

Amlodipine (Norvasc)

Nitroglycerin (skin patches or oral pills)

**DO NOT** eat or drink for **six (6) hours before** your test.

## After the study

You can eat after the test. A Gastroenterologist will review your study and send the results to your referring doctor.