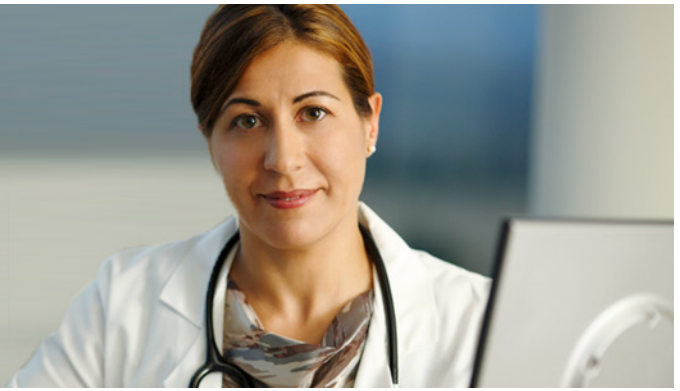


# Pelvic Ultrasound

## Outpatient Examination Instructions



### Appointment

Date:

Time:

If you need to cancel or reschedule your appointment, please call 408-851-5020.

### Arrival time for appointment

Arrive at least **15 to 30 minutes before** your scheduled procedure time. If you are late, your procedure may be cancelled or rescheduled for a later time. Please allow extra time to find parking and appointment location.

Please do not bring children that cannot be left unattended.

### Santa Clara Medical Center Imaging Services

700 Lawrence Expressway,  
Department 104  
Santa Clara, CA 95051-5173

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### Appointment instructions

To avoid rescheduling of your appointment please follow the preparation instructions below.

- Empty bladder one (1) hour before appointment.
- One hour prior to appointment, drink four (4) glasses of water (8 ounces each).
- Take all your regular medications
- Eating is permitted.

### Pelvic ultrasound examination

A pelvic ultrasound is a test that uses reflected sound waves to produce a picture of the lower abdominal (pelvic) organs and other structures inside the pelvis. It does not use x-rays or other types of radiation.

A pelvic ultrasound is a two-part exam. The first exam is performed with a full bladder. The second part of the exam is performed with an empty bladder.

An ultrasound exam takes anywhere from ten minutes to an hour, and the way it is done depends on the part of the body that is being scanned.

# CALL US BEFORE YOUR PROCEDURE.

YOU MAY BE ASKED TO MAKE A PAYMENT ON THE  
DAY OF YOUR ULTRASOUND PROCEDURE.

**Your health and peace of mind are important to us. To help ensure that you'll be properly prepared for your scheduled procedure, please give us a call.**

Depending on your health plan, you may be asked to make a payment or deposit when you check in on the day of your procedure.

## **If you have a deductible plan**

If you have a deductible plan, you may be asked to pay a deposit toward the full amount of the charges for your visit. The deposit for an ultrasound exam is \$60. After your visit, you will receive a bill for the remainder of the balance, based on the procedure performed and specific benefits of your plan. To find out what the full amount will be, visit us at [kp.org/memberestimates](http://kp.org/memberestimates) or call 1-800-390-3507, weekdays from 7 a.m. to 5 p.m., and select option 2.

## **If you do not have a deductible plan**

If you do not have a deductible plan and have questions about your benefits or want to know your payment amount for your procedure, visit us at [kp.org/eligibilityandbenefits](http://kp.org/eligibilityandbenefits) or call our Member Service Call Center at 1-800-464-4000 or 1-800-777-1370 (TTY for the deaf, hard of hearing, or speech impaired), weekdays from 7 a.m. to 7 p.m. and weekends from 7 a.m. to 3 p.m.

## **Making your payment**

You may pay by credit card (Visa, MasterCard, American Express, or Discover Card), personal check, or cash, or you may use your ATM/debit card.

## **If you need financial assistance**

Kaiser Permanente offers financial assistance. If you are concerned about your ability to pay your cost share or deductible deposit, or if you do not have health insurance, our Medical Financial Assistance and Discount Payment Program may be able to help. For more information or to obtain an application, log on to our Web site at [kp.org/mfa](http://kp.org/mfa). You may also call toll free at **1-866-399-7696**, weekdays from 8 a.m. to noon and 1 to 5 p.m., or you may speak with one of our local Kaiser Permanente financial counselors.

[kp.org](http://kp.org)