What is the Medicare Annual Wellness Visit?

The Annual Wellness Visit is a preventive service provided to Medicare members. The purpose of the visit is to evaluate general health and wellness and discuss ways to stay healthy.

For this visit, Medicare has asked you to fill out the 36 point Medicare Total Health Assessment questionnaire, which will help determine what areas your providers need to focus on. After you have completed this questionnaire, we will review your answers and discuss with you the best ways to keep you healthy and well.

Is this the same thing as my annual general check up?

The Annual Wellness Visit (AWV) is an opportunity for us to work with you on your total health. Based on Medicare guidelines, this visit is not an annual physical or check-up and does not include a physical exam, although we may take your height, weight, and blood pressure to aid in the discussion. The goal of the AWV is to review with you the key factors contributing to your overall well-being and to provide information about healthy living.

What if I want to talk about other medical concerns or conditions?

To ensure you have the opportunity to address important wellness topics, Medicare guidelines require that this visit be used to complete the Medicare Total Health Assessment and discuss any wellness issues identified as a result. If time permits, we will also address additional medical issues important to you. It may be necessary to make a future appointment for additional follow up.

Before the visit

If you would prefer a regular check-up to the Annual Wellness Visit, please let our receptionist know so your doctor can better meet your needs.

Co-Pay

Depending on your individual Medicare coverage plan, this visit may incur a co-pay. Please contact your plan administrator for further details.