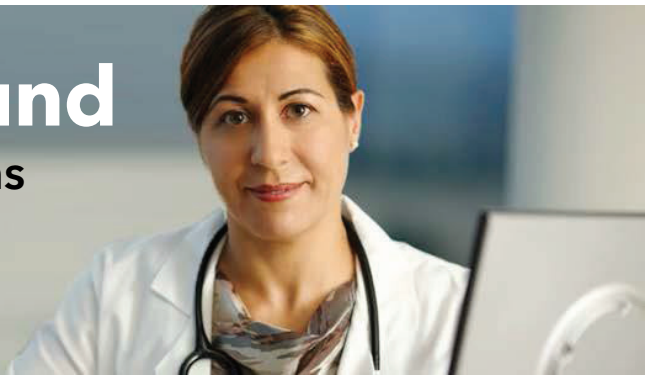


# Abdominal Ultrasound

## Outpatient Examination Instructions



If you need to cancel or reschedule your appointment, please call 1-415-492-6375.

### Arrival time for appointment

Arrive at least **15 minutes before** your scheduled procedure time. If you are late, your procedure may be cancelled or rescheduled for a later time. Please allow extra time to find parking and appointment location.

Please do not bring children that cannot be left unattended.

Based on the location of your appointment:

**San Rafael Medical Center**  
**Radiology/Imaging Services**

or

**Petaluma Medical Offices**  
**Radiology/Imaging Services**

99 Montecillo Road, 1<sup>st</sup> floor  
San Rafael, CA 94903-3308

Medical Office Building 1  
3900 Lakeville Highway  
Petaluma, CA 94954-6900

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### Appointment instructions

To avoid rescheduling of your appointment, please follow the preparation instructions below.

For Aorta, Right Upper Quadrant, and Gallbladder exams:

- For a morning appointment, do not eat or drink from midnight the night before the exam until after the exam is completed.
- For an afternoon appointment, do not eat or drink for at least eight (8) hours before the exam.

For kidney, liver, and pancreas examinations, there is no preparation needed.

### Abdominal Ultrasound

An abdominal ultrasound is a test that uses reflected sound waves to produce a picture of organs and other structures inside the abdomen.

The exam does not use x-rays or any other type of radiation.

A small handheld instrument called a transducer is passed back and forth over the area of the abdomen being examined. It sends out high-pitched sound waves and converts them into a picture that is displayed on a video screen. The picture is called a sonogram, or ultrasound scan.

An ultrasound exam takes anywhere from ten minutes to an hour, and the way it is done depends on the part of the body that is being scanned.

# CALL US BEFORE YOUR PROCEDURE.

**YOU MAY BE ASKED TO MAKE A PAYMENT ON  
THE DAY OF YOUR ULTRASOUND PROCEDURE.**

**Your health and peace of mind are important to us. To help ensure that you'll be properly prepared for your scheduled procedure, please give us a call.**

Depending on your health plan, you may be asked to make a payment or deposit when you check in on the day of your procedure.

## **If you have a deductible plan**

If you have a deductible plan, you may be asked to pay a deposit toward the full amount of the charges for your visit. After your visit, you will receive a bill for the remainder of the balance, based on the procedure performed and specific benefits of your plan. To find out what the full amount will be, visit us at [kp.org/memberestimates](https://kp.org/memberestimates) or call 1-800-390-3507, weekdays from 7 a.m. to 5 p.m., and select option 2.

## **If you do not have a deductible plan**

If you do not have a deductible plan and have questions about your benefits or want to know your payment amount for your procedure, visit us at [kp.org/eligibilityandbenefits](https://kp.org/eligibilityandbenefits) or call our Member Service Call Center at **1-800-464-4000** or **1-800-777-1370** (TTY for the deaf, hard of hearing, or speech impaired), weekdays from 7 a.m. to 7 p.m. and weekends from 7 a.m. to 3 p.m.

## **Making your payment**

You may pay by credit card (Visa, MasterCard, American Express, or Discover Card), personal check, or cash, or you may use your ATM/debit card.

## **If you need financial assistance**

Kaiser Permanente offers financial assistance. If you are concerned about your ability to pay your cost share or deductible deposit, or if you do not have health insurance, our Medical Financial Assistance and Discount Payment Program may be able to help. For more information or to obtain an application, log on to our Web site at [kp.org/mfa](https://kp.org/mfa). You may also call toll free at **1-866-399-7696**, weekdays from 8 a.m. to noon and 1 to 5 p.m., or you may speak with one of our local Kaiser Permanente financial counselors.

[kp.org](https://kp.org)