



CONTACT LENS APPOINTMENT LETTER

I look forward to seeing you for your upcoming appointment.

In order for me to best address your needs, please pay attention to the following:

1. Put your contact lenses on at least 2 to 3 hours prior to your appointment time (the longer the better). If you are a current contact lens user but fail to wear your lenses to the appointment a return visit while wearing the lenses will likely be required. This allows me to more accurately assess your vision with contacts and the condition of your eyes while wearing contacts.
2. Bring any information about your contact lenses with you (boxes, labels, written prescription, etc) as well as the solutions you use and your most recent eyeglasses. Please obtain the necessary information from your previous doctor ahead of time if you have discarded any of your materials. This information is especially important if you are new to Kaiser and we have no history on you.
3. Please note that if you do not have any contacts, have no information about your lenses, are having problems with your current type of contacts, or just want to try a new type of contact lens you will likely need a separate appointment with our Contact Lens Technician, which can be arranged. A separate fee will be charged, starting at \$79.
4. Please arrive promptly. Traffic and parking can be a challenge so plan accordingly. As a reminder, our clinic is located at 1635 Divisadero St (cross street Post) and your appointment may be on either the 3rd or 4th floor depending on which doctor you see. Parking options include the garage for our building (entrance on Sutter St) and the garage at 2238 Geary St (a block and a half away).

Thank you for your attention and see you soon.

Optometry Department
415-833-2020