



Cystoscopy

Patient Instruction

Patient Name:

Medical Record #:

Cystoscopy appointment

Date:

Time:

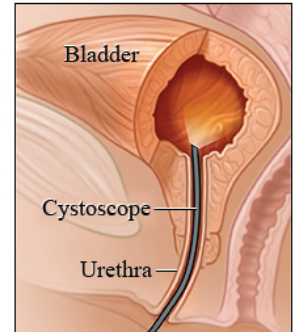
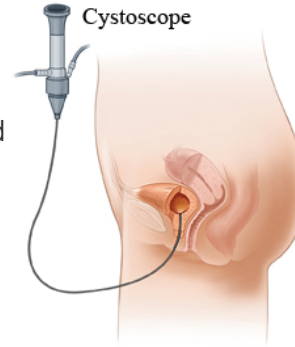
Physician:

Please arrive 15 minutes before appointment for parking and registration

Urology Dept #448
710 Lawrence Expy.
Santa Clara, CA 95051
(408) 851-4515

What is Cystoscopy

Cystoscopy is a procedure that enables your physician to view the inside of your bladder and urethra in great detail using a specialized endoscope (a tube with a small camera) called a cystoscope. The examination will be performed in the Urology office and does not require admission to the hospital. You can drive yourself to and from the appointment.



Why am I scheduled for a cystoscopy?

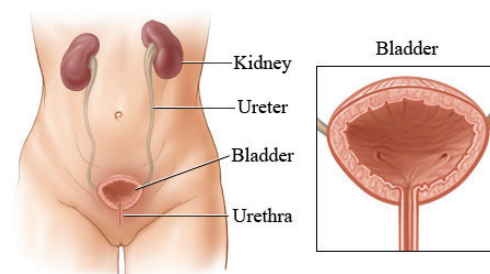
You have been referred to a urologist because of the presence of blood in your urine. The blood may be microscopic (only visible under a microscope) or macroscopic (visible to the naked eye.) All patients with blood in the urine are evaluated with an x-ray or ultrasound of the kidneys and a cystoscopy. The x-ray or ultrasound does not replace the need for cystoscopy. This procedure will allow your Urologist to examine the bladder for tumors, stones, inflammation or other abnormalities. The procedure is usually not done if you have a urinary tract infection. This will be checked by obtaining a urine sample at the beginning of the appointment.

You should call your medical doctor if you have a heart valve or prosthesis of any sort (these require antibiotics to be given 2 hours prior to the procedure)

The day of your cystoscopy

On the day of the examination, you may eat or drink as usual. Before you see your Urologist you may be given an antibiotic (Cipro) and will be asked to sign a consent form. Tell your health care professional if you have any allergies to betadine, iodine or any medications. After speaking with your urologist, you will be taken to a specialized room in the Urology Clinic where a nurse or medical assistant will wash your genital area and then place a sterile drape over your legs and lower abdomen.

During the start of the procedure, you may note a feeling of pressure or slight burning within your urethra. In most cases, the entire examination lasts less than 5 minutes. The examination is usually not painful but you may feel a slight discomfort or fullness in your bladder. Sterile water is used to fill the urethra and bladder so the doctor can see the entire surface. After inspection, the cystoscope is removed and the exam is over.



After your cystoscopy

After the examination, some people have a slight irritation or burning sensation in the urethra and may feel the need to urinate more often. Occasionally you may notice some blood or pink color in the urine for 24 to 48 hours. If you notice this or are passing clots in your urine, drink plenty of fluids. If the blood persists in your urine for more than 48 hours, call your health care professional. You should also call if you experience shaking chills, fevers higher than 101 degrees, or if you cannot urinate.