Daavlin Home Phototherapy using the DermaPal Unit:
Getting started

Welcome!

You are receiving this information to help you get started with your home phototherapy treatments using the DermaPal unit.

Before your first treatment, read all of the information that comes with your home unit in addition to the information that you will be given by the Dermatology office.

In the Manual there is a code to turn on the unit. This code is a safety system so a child does not turn it on by accident. You will need to use the code each time you use the unit.

If you are treating one location, then place the tongs of the hand held wand on the skin and gently move it in that section for the time ordered.

If you are treating a larger portion of the scalp or the entire scalp, divide the scalp into 4 sections: across the scalp from ear to ear and down the scalp from forehead to back of neck. Put the tongs of the hand held wand on the skin in the first section and gently move it in that section for the time ordered. Then move it to the next section and repeat the treatment time. Once all the sections are treated you are finished for the day. You will need to document the treatments in your log each time you do a treatment.

Please remember to skip at least one day in between the days you use the unit.

You are able to change the treatment days as needed but keep a record of the treatments and do not go exceed the number of times per week as prescribed by the Dermatologist or the Physician’s Assistant.

If you have any questions about the operation of your unit, contact Daavlin directly.

If you have any skin concerns related to the treatment, please contact the Dermatology Department. The Dermatology Department can be reached at 916-771-7700 or contact your physician directly through secure messaging on KP.org.

Finally, remember to always use your treatment log. You will need to bring your log with you when you have a follow up appointment in Dermatology.

Thank you,

Kaiser Permanente Dermatology Department
916-771-7700

The Daavlin Company
1-800-DAAVLIN (1-800-322-8546)