



NEXT STEPS	WHERE TO GO
<p>Autism Spectrum Disorder and treatment Information</p>	<ul style="list-style-type: none"> <input type="checkbox"/> American Academy of Pediatrics: www.healthychildren.org <input type="checkbox"/> American Speech Language and Hearing Association: www.asha.org <input type="checkbox"/> Autism Speaks: www.autismspeaks.org <input type="checkbox"/> Center for Disease Control: www.cdc.gov <input type="checkbox"/> Interacting with Autism: www.interactingwithautism.com <input type="checkbox"/> Kaiser Permanente -Division of Research: www.autismresearch.kaiser.org <input type="checkbox"/> National Institute of Mental Health: www.nimh.nih.gov/ <input type="checkbox"/> UC Davis MIND Institute: www.ucdmc.ucdavis.edu/mindinstitute/
<p>Parent support</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Autism Parent Support Group –Kaiser Permanente in Antioch, 925-779-4964 <input type="checkbox"/> Alameda Co: Family Resource Network, www.frnoakland.org, 510-547-7322 <input type="checkbox"/> Contra Costa Co: Care Parent Network - http://www.contracostaarc.com/html/care.html , 800-281-3023 <input type="checkbox"/> San Francisco Co: Support for Families of Children with Disabilities: www.supportforfamilies.org, warm line: 415-920-5040
<p>Parent training</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Hanen Centre – Help children communicate: www.hanen.org <input type="checkbox"/> University of Washington Autism Center – informational videos http://depts.washington.edu/uwautism/resources/online-tools/
<p>Kaiser Permanente groups for kids and parents</p> <p>*Classes and their availability may change. *yo=year old</p>	<p>Kaiser Permanente-Oakland, Psychiatry Dept: 510-752-1075</p> <ul style="list-style-type: none"> <input type="checkbox"/> Social Skills group for 4-6 year olds + parent support group <input type="checkbox"/> Middle School social skills group, kids only <input type="checkbox"/> High School social skills group, kids only <input type="checkbox"/> Teen Learning and Living Group, 13-18 yo (Richmond location) <p>Kaiser Permanente-Oakland Pediatric Rehabilitation Dept: 510-752-6561</p> <ul style="list-style-type: none"> <input type="checkbox"/> Hanen More Than Words Program for 2-6 yo <p>Kaiser Permanente –Walnut Creek-Antioch-Livermore Child Psychiatry Depts. <i>Call Child Psychiatry for locations, availability, and times. Phone numbers listed on back.</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> ASD and Your Young Child: Charting the Course, 2-5 yo <input type="checkbox"/> ASD and Your Child: Charting the Course, 6-18 yo <input type="checkbox"/> Building Daily Living Skills, 8-12 yo
<p>For mental health concerns:</p>	<p>Kaiser Permanente Child Psychiatry Departments:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Antioch: 925-777-6300 <input type="checkbox"/> Oakland: 510-752-1075 <input type="checkbox"/> Pleasanton: 925-847-5051

For mental health concerns (continued):	<input type="checkbox"/> Redwood City: 650-299-4777 <input type="checkbox"/> Richmond: 510-307-1591 <input type="checkbox"/> San Francisco: 415-833-4765 <input type="checkbox"/> San Rafael: 415-444-3522 <input type="checkbox"/> South San Francisco: 650-742-5950 <input type="checkbox"/> Union City: 510-675-3080 <input type="checkbox"/> Walnut Creek: 925-295-4145
California State services	<input type="checkbox"/> State of CA. Department of Developmental Services: www.DDS.ca.gov <input type="checkbox"/> CA. Regional Centers - Early Intervention Services for 0-36 months: www.DDS.ca.gov/rc/ <input type="checkbox"/> Regional Center of the East Bay- Alameda 510-618-6100, Concord (925) 691-2300 <input type="checkbox"/> Golden Gate Regional Center-415-546-9222 <input type="checkbox"/> San Andreas Regional Center-408-374-9960
For any medical concerns	<input type="checkbox"/> Contact your child’s doctor or call the advice line, if you have any medical or health concerns.
For questions about Autism related therapy services	Pediatric Developmental Disabilities Office (PDDO) <input type="checkbox"/> Mainline: 510-625-5677 (Fax #: 510-625-5471)
For insurance benefits, co-pays, deductible amounts	Kaiser Permanente Member Services Dept <input type="checkbox"/> 1-800-464-4000 or go to: www.kp.org (must have an account)
Set up an account on kp.org	<input type="checkbox"/> Sign up for kp.org to receive and send messages to your child’s doctors -Only Kaiser Permanente members can sign up for kp.org account)
Helpful Books	<input type="checkbox"/> <i>A Parent’s Guide to Asperger Syndrome</i> , by Sally Ozonoff <input type="checkbox"/> <i>An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn</i> , by Sally Rogers and Geraldine Dawson <input type="checkbox"/> <i>Children with Autism: A Parent’s Guide</i> , by Michael Powers <input type="checkbox"/> <i>More Than Words: A Parent’s Guide to Building Interaction and Language Skills for Children with Autism Spectrum Disorder or Social Communication Difficulties</i> , by Fern Sussman <input type="checkbox"/> <i>Raising a Sensory Smart Child</i> , by Lindsey Biel and Nancy Peske <input type="checkbox"/> <i>The Everyday Parenting Toolkit: The Kazdin Method for Easy, Step-by-Step, Lasting Change for You and Your Child</i> , by Alan Kazdin and Carlo Rotella <input type="checkbox"/> <i>Toilet Training for Individuals with Autism or Other Developmental Issues</i> , by Maria Wheeler <input type="checkbox"/> <i>1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders</i> , by Veronica Zysk and Ellen Notbohm

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