Clinical Research Studies

The San Francisco Women’s Hereditary Cancer Risk Clinic is actively involved in research and clinical trials related to gynecologic and breast cancer. Many of the research studies include women who are at inherited risk for cancer. Let one of our team members know if you would be interested in learning more about research studies.

A sample of recent trials or those in development includes:

- A pilot study of multiple biomarkers with the risk of ovarian cancer algorithm (ROCA) for early detection of ovarian cancer in female carriers of BRCA1 and BRCA2
- Incidence of osteoporosis and abnormal lipid profiles and other health outcomes in women over age 40, who test positive for a BRCA1 or BRCA2 mutation and have had a risk reducing salpingo-oophorectomy.

For more information about our specialists, visit My Doctor Online at:
http://mydoctor.kaiserpermanente.org

Clinic Coordinator: Crisgel Angeles
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ADA Review July 2018
Welcome to the Women’s Hereditary Cancer Risk Clinic

Women at high risk for cancer are invited to participate in the Cancer Risk Clinic at Kaiser Permanente in San Francisco.

You have already taken a big step by learning about your genetic risk for cancer. Knowing your risk lets you arrange specialized care to help lower your chance to develop cancer and to find developing cancer as early as possible. The medical decisions you face related to your cancer risk are complex. It can help to have input from a team of specialists. The Cancer Risk Clinic saves time by having all the specialists you need in one place. It also provides you with more coordinated care and consensus opinions for your treatment plan. Our team works together with you and your family to personalize your cancer screening schedule and address all aspects of risk reduction options.

This program is for women newly diagnosed as high risk through the Kaiser Permanente Northern California Genetics Department, as well as those who seek follow-up care. Women who are coming from outside of San Francisco can be seen for an initial consultation. We will share our recommendations with breast surgeons at your home facility.

Consult with Cancer Experts
Our San Francisco Women’s Hereditary Cancer Risk Clinic offers you cutting edge advice from a team of cancer experts. The field of cancer genetics changes rapidly. Our team members have international involvement in the field of hereditary cancers and are leading experts in the diagnosis and management of inherited risk for breast and gynecologic cancers.

Customize Your Cancer Care
You can consult with any or all of our specialists as part your care with the Cancer Risk Clinic. Your genetic counselor and you will decide which experts you want to meet with and set up a schedule for your clinic visit. Your medical history is reviewed by the team before your visit, so we are familiar with your personal situation and needs. On the day of the clinic you meet with each scheduled expert. You can also request input from additional team members. You are encouraged to bring a list of questions to make sure you get the answers you need. The visit may also include a physical examination, if needed.

You are welcome to bring a family member or support person to be with you during your visit at the clinic.

At the end of your visit, a customized plan of care will be developed and reviewed with you. Your care plan will include:

- A personalized schedule for cancer screening
- Risk reduction recommendations, based on your needs
- Educational resources to take home
- Future appointment plans

You will get a summary of the recommendations from your visit. Your regular healthcare providers will also receive the same summary through the electronic medical record.

Consult with experts in cancer risk management

Common Recommendations from the Cancer Risk Clinic

Increased screening for cancer
Breast cancer screening:
- Mammogram and breast MRI
Ovarian cancer screening:
- Ultrasound and CA-125 blood test

Discussion of risk-reducing surgery (when appropriate)
Breast cancer:
- Mastectomy +/- reconstruction
Ovarian cancer:
- Removal of the ovaries and fallopian tubes (salpingo-oophorectomy)
Uterine cancer:
- Removal of the uterus (hysterectomy)