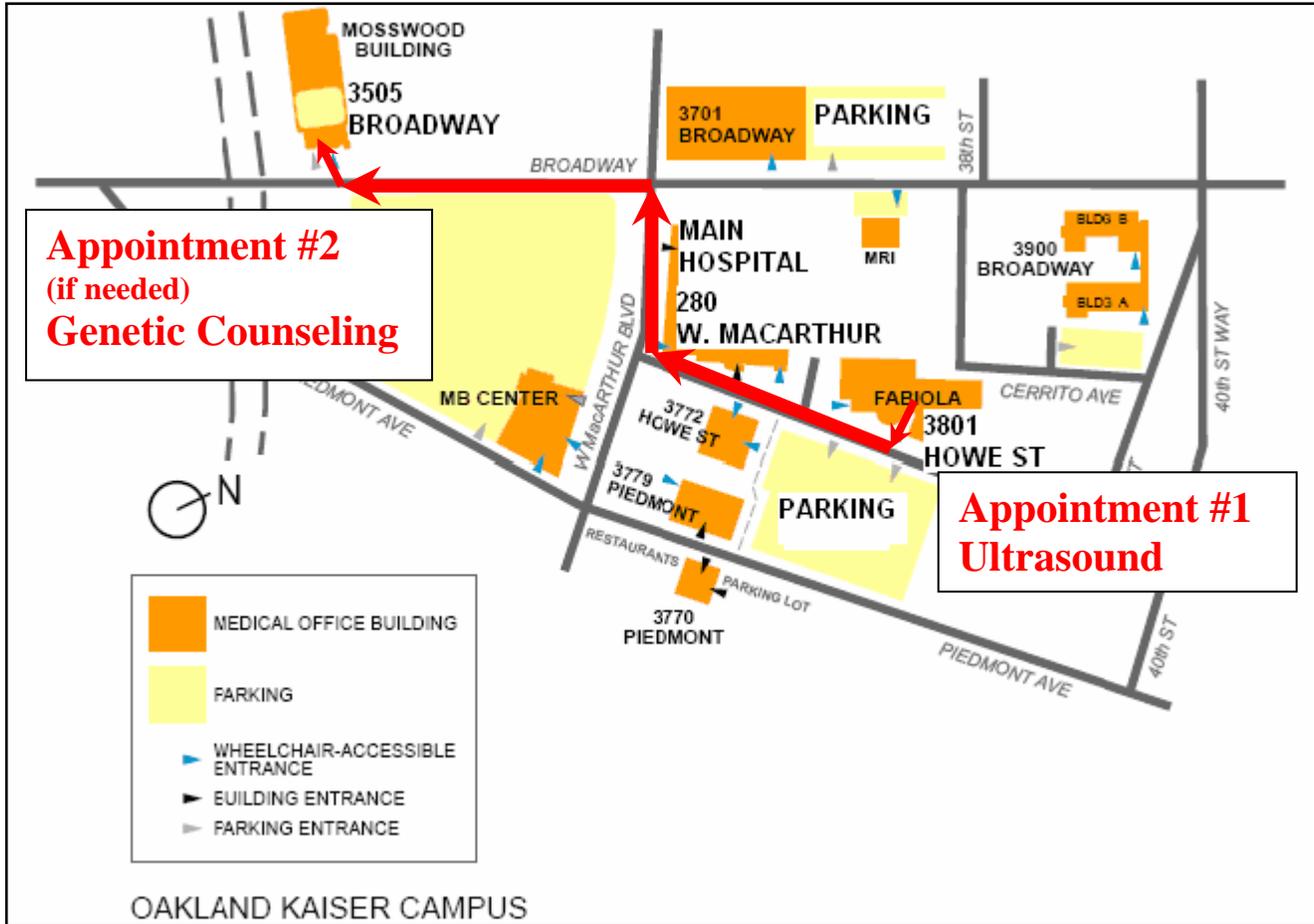


ULTRASOUND & GENETIC COUNSELING APPOINTMENTS



APPOINTMENT #1: Ultrasound

Ultrasound Department
Fabiola Building
3801 Howe Street, basement
Oakland CA 94611

There is a parking garage across the street. From the parking garage, go out the front door of the garage and cross the street to the Fabiola Medical Office Building (just to the right of the Emergency Department). Enter the building and take one of the elevators to the Basement (Level G). Exit the elevator lobby and go to your left to the Ultrasound Department.

APPOINTMENT #2 (if needed): Genetic Counseling

Genetics Department
Mosswood Building
3505 Broadway, 7th floor
Oakland CA 94611

You can either walk or drive to this appointment after the ultrasound appointment by following the route shown by the arrows on the map. If you drive, there is valet parking available on the ground floor of the building; there is also limited 2-hour meter parking on the street. There can be a line for valet parking in the Mosswood building, so walking may be easier. Enter the building and take the elevator to the 7th floor. After registering, you will be directed to your individual counseling appointment.

DIRECTIONS: IF YOU ARE COMING FROM...

Richmond/Vallejo/Fairfield

Take Hwy 80 to Hwy 580 East (Hayward) staying in far left lane. Exit at MacArthur Blvd (1st left exit) and follow MacArthur Blvd about 2 miles to Howe Street (next light after Broadway). Turn left on Howe. Enter the Patient & Visitor Parking Garage on your right just beyond the pedestrian crosswalk.

San Francisco

Take SF/Oakland Bay Bridge to Hwy 580 East (Hayward) staying in far left lane. Exit at 1st left exit, which is MacArthur Blvd (you'll have to cross one lane of merging traffic to do this). Follow MacArthur Blvd straight about 2 miles to Howe St (next light after Broadway). Turn left on Howe. Enter the Patient & Visitor Parking Garage on your right.

Hayward/Fremont/San Leandro/Pleasanton-Hwy 580

Take Hwy 580 West to Oakland. Exit at Harrison St/MacArthur Blvd exit (after Grand Ave exit). Continue straight on MacArthur to the 5th light and turn right at Howe St (next light after Piedmont Ave). Enter the Patient & Visitor Parking Garage on your right.

Hwy 880 (Old Hwy 17)

Take Hwy 880 North to Broadway exit. Turn right on Broadway. Follow Broadway through downtown to MacArthur Blvd. Make a right turn onto MacArthur. Immediately get into the left lane. Take your first left onto Howe St. Enter the Patient & Visitor Parking Garage on your right.

Walnut Creek/Concord (Hwy 24)

Take Hwy 24 toward Oakland/SF. After the Caldecott Tunnel, exit at Broadway (toward downtown Oakland). Follow Broadway straight to MacArthur Blvd (about 2 miles). Turn left on MacArthur and immediately get into the left lane. Take your first left onto Howe St. Enter the Patient & Visitor Parking Garage on your right.

MacArthur BART Station

As you exit turnstile, proceed straight ahead to the curb. Kaiser shuttle is marked BART Shuttle or Shuttle Service (white van with blue Kaiser logo). Verify shuttle is going to the hospital (**not** to the Mosswood Building). It will drop you off at the Fabiola Medical Office Building (3801 Howe St) where it will also pick you up. Enter the Fabiola Building and take one of the elevators to the Basement (Level G). Exit the elevator lobby and go to your left to the Ultrasound Department.