

Kaiser Permanente Health Talks



The Journey to Parenthood: Pregnancy to Baby

For the month of October, learn from our Kaiser Permanente Redwood City clinicians about the continuum of care, and resources available for new and expecting parents.

Presenters:

- **Kim Pham, MD, APIC** – Obstetrics & Gynecology
- **Terri Westerlund, CNM** – Chief Certified-Nurse Midwife

This Health Talk will cover:

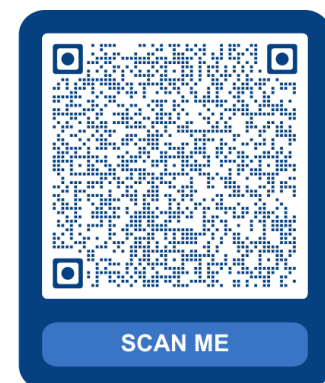
- Planning your pregnancy
- Choosing your pregnancy journey!
- Midwifery care – What's it all about?
- Postpartum survival

Date: Thursday, October 23, 2025

Time: 12:30 – 1:30 pm PST

Location: Microsoft Teams

Register: QR Code or [click here](#)



This is a free webinar made available to employer groups and our Bay Area communities. You do not need to be a Kaiser Permanente member to register. The presentation will be in English.