PATIENT INSTRUCTIONS FOR SCHEDULED CESAREAN SECTION OR OTHER OBSTETRICS PROCEDURE

Patient Name: ____________________________ MRN: ____________________________

You have been scheduled for a cesarean section delivery or ____________________________ on:

Day: __________________ Date: ________________ Time: ________________

It is mandatory that you have nothing to eat or drink at least 8 hours prior to your procedure. We advise that you have NO FOOD OR LIQUIDS AFTER MIDNIGHT the night before your scheduled cesarean section or procedure.

NOTE: Check with your OB physician / nurse practitioner about taking any regular medications on the day of your surgery. Most oral medications may be taken with a small sip of water if necessary.

Preparation for surgery requires time for nursing care and final medical evaluation.

- You should call the Labor and Delivery unit at (408) 851-7315 three hours before your scheduled surgery time on the day of surgery to check that a bed is available. A nurse will let you know when you should arrive at the hospital. If you are scheduled for the 7:45 am surgery time, please call at 5:30 am.
- You should PLAN to arrive at least 2½ hours prior to your scheduled surgical time as instructed.

The hospital is located at:
700 Lawrence Expressway
Santa Clara, CA 95051
LABOR & DELIVERY - 3RD FLOOR, DEPT. 300
(408) 851-7315 LABOR & DELIVERY ADVICE LINE

Your OB physician / nurse practitioner will order preoperative blood tests to be done the day before your scheduled surgery. Surgical consents for cesarean section, tubal sterilizations, and / or other procedures may be signed and sent to Labor and Delivery prior to the day of surgery.

PROVIDER CHECKLIST:
- Laboratory tests ordered
- Consents forms signed & sent to L&D

The surgery process involves many steps of preparation and care by a whole team of caring personnel. It is our intention to provide the safest and smoothest passage for both you and your baby through this process. We hope to meet and exceed your expectations. Please understand that our Labor & Delivery unit is occasionally very busy and sometimes completely full with laboring and / or ill patients. We hope to accommodate your cesarean delivery as scheduled but sometimes bed availability is impacted. Your patience and cooperation are very much appreciated.

Thank you and please accept our best wishes.
We look forward to being of service to you and your family!

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