

For more information, call us at 833-673-0727.

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011061-611 (Revised 08/24) RL 6.9

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# Kaiser Permanente Advanced Care at Home™

Receive high-quality care at home through Kaiser Permanente Advanced Care at Home (KPACAH).



## Kaiser Permanente Advanced Care at Home™

You can receive high-quality care at home through the Kaiser Permanente Advanced Care at Home (KPACAH) program.

Your care team includes physician assistants, nurses, physical and occupational therapists, and Kaiser Permanente doctors.

We treat your condition and monitor your health. Your care team determines how long you'll remain in the program. When your health goals are met, you'll be discharged from KPACAH.

Your individualized care plan includes:

- Access to your care team 24/7 by video and phone.
- Telehealth monitoring of your vital signs.
- In-home visits with a physician assistant and other clinicians.
- Diagnostic testing, mobile imaging (X-rays and ultrasound), and IV therapies done in your home, as needed.
- Care report provided to your doctor.

To hear from patients and care teams about KPACAH and its benefits, scan the QR code or visit **kpdoc.org/ACAH**.



This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult your doctor. Some photos may include models and not actual patients.

## What KPACAH care looks like



You go to the hospital because you're not feeling well.



Your physician at the hospital in collaboration with the KPACAH care team will assess if KPACAH is right for you. Your participation in the program is entirely voluntary.



If you choose to participate in the program, you'll be discharged from the hospital and enrolled in KPACAH. Your care team will work with you to arrange transportation, including by ambulance when needed.



You'll receive personalized care at home. Your in-home support team will set up technology to provide 24/7 access to the KPACAH virtual care team and medical equipment as needed.



Your KPACAH virtual care team will have multiple touchpoints with you throughout the day. You will also have an in-home team to provide care and services.



As you recover, your doctor will talk with you about any needed follow-up care after discharge from the program. Upon discharge, the KPACAH support team will remove the technology and medical equipment from your home.

KPACAH is *not* a hospital program. KPACAH provides services through a licensed home health agency and physician and other wraparound medical services in coordination with our vendor and program partner.

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## **Answers to common questions**

#### What is the technology that's provided?



Tablet computer for video visits with your care team.



Phone with a direct connection to your care team.



Personal emergency response bracelet.



Telehealth monitoring devices.

#### How does KPACAH work in my home?

KPACAH provides medical equipment necessary to deliver care at home. This can include oxygen, a hospital bed, and a shower chair. Your doctor may even order meal services for your treatment if necessary.

We'll work closely with you to coordinate care and services to support recovery.

### How will I get home to start my care?

As you are preparing to discharge from the hospital and enroll in KPACAH, your care team will work with you on transportation, depending on the care you need.

If you drove yourself to the Emergency Department, we'll work with you on a plan to retrieve your vehicle.

#### Can I leave my home while receiving care?

It's important to rest while we treat your condition. As you recover, your care team will consider your diagnosis and circumstances and discuss whether going out is appropriate.

#### What if I change my mind about KPACAH?

You can request to be discharged from the program at any time. Our doctors will find other care options and help you safely transition.