

## Laser Vision Correction Evaluation

- If you are over 45 are you interested in laser vision correction to reduce your need for distance glasses or reading glasses or both?
  - If you are interested in reducing need for reading glasses or both distance and reading then laser vision correction can typically only help with one or the other. For example, if you want to get rid of glasses for clear distance vision then you will still need to wear reading glasses for seeing clearly up close. Alternatively, if you are interested in getting rid of reading glasses you will still need glasses for distance.
  - The only way to get rid of glasses for both is to consider monovision: one eye corrected for near vision and one corrected for distance vision. This is something most people do not like because it reduces depth perception, but it is something you can consider if you have a successful history of wearing monovision contact lenses.

If your prescription is between -10 and +4 you can consider laser vision correction (LASIK). If your near sighted prescription requires more than a -10 lens for correction or if your far sighted prescription is more than a +4 then you are not a good candidate for laser vision correction and you may be better off considering other options such as a Phakic IOL (implanted intraocular lens similar to those lenses) or Refractive Lens Exchange for those that are more than +4 (removal of your natural lens and implantation of an artificial lens similar to the lenses used in cataract surgery).

- Patients who are pregnant or breast feeding must wait until at least 3 months after they are done prior to a consult for Laser Vision Correction.
- Laser Vision Correction is not a covered benefit and patient will incur out of pocket cost. The cost of Laser Vision Correction is \$2600.00 per eye.
- Patients wearing soft contacts should discontinue them at a minimum of 2 weeks prior to their first consult; Patients wearing hard contact lenses will need to discontinue use one month per decade of wear before surgery. Hard contact lens wearers can wear their contacts to the evaluation to see if they are candidate first, before removing them.

## Contact Lens Wearers:

- Patients wearing **soft contacts** should discontinue them at a minimum of **2 weeks** prior to their first consult; Patients wearing **Hard Contact Lenses** can leave contacts in.

If you are pregnant or breast feeding you should wait for at least 3 months after stopping prior to your initial consultation.

The costs of laser vision correction and the evaluations are not ever covered by your insurance, the procedure will require an out of pocket expense.

- Laser Vision correction costs starts at \$2600.00 dollars per eye. This covers all care for one year including all visits, medications and any need for an enhancement or touch up procedure.
- Consultation requires evaluation with a certified Optometrist plus additional diagnostic testing prior to meeting the Laser Vision Surgeon. The typical consult takes 2-3 hours, so plan accordingly.

Important information for prospective patients:

- Laser Vision Coordinator: Laura Ligon. She can be reached Monday through Friday at 707-566-5905.
- Learn more about Laser Vision Correction at [www.kplaserisioncorrection.com](http://www.kplaserisioncorrection.com)
- Learn more about Dr. Michael Clamp – [kp.org/mydoctor/michaelclamp](http://kp.org/mydoctor/michaelclamp)