



# Lentigo

**What is a Lentigo?** This is a common type of sun-induced pigmentation, noted especially on the face, hands and arms. Some refer to these as "liver spots."

**Does a Lentigo need to be removed?** No therapy is recommended. Sun protection is advised to prevent darkening, enlargement and development of new ones.

One may elect to use bleaching creams or cosmetic procedures to remove them. These options are available at the Cosmetic Services Center (408) 851-8200 for a fee.