



PEDIATRIC DEVELOPMENTAL DISABILITIES OFFICE
Autism Spectrum Disorder Resources for Napa-Solano Area

NEXT STEPS	WHERE TO GO
Autism Spectrum Disorder and treatment Information	<ul style="list-style-type: none"> <input type="checkbox"/> American Academy of Pediatrics: www.healthychildren.org <input type="checkbox"/> American Speech Language and Hearing Association: www.asha.org <input type="checkbox"/> Autism Speaks: www.autismspeaks.org <input type="checkbox"/> Center for Disease Control: www.cdc.gov <input type="checkbox"/> Interacting with Autism: www.interactingwithautism.com <input type="checkbox"/> Kaiser Permanente -Division of Research: www.autismresearch.kaiser.org <input type="checkbox"/> National Institute of Mental Health: www.nimh.nih.gov/ <input type="checkbox"/> UC Davis MIND Institute: www.ucdmc.ucdavis.edu/mindinstitute/
Parent support	<ul style="list-style-type: none"> <input type="checkbox"/> Family Resource Centers Network of CA- www.frcnca.org <input type="checkbox"/> Solano-Sonoma Co: Matrix Parents: www.matrixparents.org, 800-578-2592 <input type="checkbox"/> Napa Co: Parents Can- www.parentscan.org, 707-253-7444 <input type="checkbox"/> Contra Costa Co: Care Parent Network - http://www.contracostaarc.com/html/care.html , 800-281-3023
Parent training	<ul style="list-style-type: none"> <input type="checkbox"/> Hanen Centre – Help children communicate: www.hanen.org <input type="checkbox"/> University of Washington Autism Center – informational videos http://depts.washington.edu/uwautism/resources/online-tools/
Kaiser Permanente classes and groups for kids, teens, young adults *yo=year old **Class availability may vary	Groups offered by Kaiser Permanente Child Psychiatry- Vacaville , 707-624-2830 <ul style="list-style-type: none"> <input type="checkbox"/> <i>Preteen group: 9-13 yo</i> <input type="checkbox"/> <i>Teen Group, 14-18 yo</i> <input type="checkbox"/> <i>Young Adult Group, 18-32 yo</i>
California state services	<ul style="list-style-type: none"> <input type="checkbox"/> State of CA. Department of Developmental Services: www.DDS.ca.gov <input type="checkbox"/> CA. Regional Centers (Early Intervention Services for 0-36 month olds): www.DDS.ca.gov/rc/ <input type="checkbox"/> Marin, San Francisco, San Mateo Co.: 415-546-9222 <input type="checkbox"/> Napa-Solano County Office: 707-256-1100 <input type="checkbox"/> North Bay Regional Center: 800-646-3268 <input type="checkbox"/> Sonoma County Office: 707-569-2000
School-based services	<ul style="list-style-type: none"> <input type="checkbox"/> CA. Department of Education (for local school district programs for ages 3-22 years): www.cde.ca.gov/sp/se/sr/ -Some school districts also offer an infant program for 0-3 year olds

For mental health concerns:	Kaiser Permanente Child Psychiatry Departments: <ul style="list-style-type: none"> <input type="checkbox"/> Petaluma: 707-765-3565 <input type="checkbox"/> San Francisco: 415-833-4765 <input type="checkbox"/> San Rafael: 415-444-3522 <input type="checkbox"/> Santa Rosa: 707-571-3881 <input type="checkbox"/> Vacaville: 707-624-2830 <input type="checkbox"/> Vallejo: 707-645-2700
For any medical concerns	<input type="checkbox"/> Contact your child’s doctor or call the advice line, if you have any medical or health concerns
For questions about Autism related therapy services	Pediatric Developmental Disabilities Office (PDDO) <ul style="list-style-type: none"> <input type="checkbox"/> Mainline: 510-625-5677 (Fax #: 510-625-5471)
For insurance benefits, co-pays, deductible amounts	Kaiser Permanente Member Services Dept <ul style="list-style-type: none"> <input type="checkbox"/> 1-800-464-4000 or go to: www.kp.org (must have an account)
Set up an account on kp.org	<input type="checkbox"/> Sign up for kp.org to receive and send messages to your child’s doctors -Only Kaiser Permanente members can sign up for kp.org account)
Helpful Books	<ul style="list-style-type: none"> <input type="checkbox"/> <i>A Parent’s Guide to Asperger Syndrome</i>, by Sally Ozonoff <input type="checkbox"/> <i>An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn</i>, by Sally Rogers and Geraldine Dawson <input type="checkbox"/> <i>Children with Autism: A Parent’s Guide</i>, by Michael Powers <input type="checkbox"/> <i>More Than Words: A Parent’s Guide to Building Interaction and Language Skills for Children with Autism Spectrum Disorder or Social Communication Difficulties</i>, by Fern Sussman <input type="checkbox"/> <i>Raising a Sensory Smart Child</i>, by Lindsey Biel and Nancy Peske <input type="checkbox"/> <i>The Everyday Parenting Toolkit: The Kazdin Method for Easy, Step-by-Step, Lasting Change for You and Your Child</i>, by Alan Kazdin and Carlo Rotella <input type="checkbox"/> <i>Toilet Training for Individuals with Autism or Other Developmental Issues</i>, by Maria Wheeler <input type="checkbox"/> <i>1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders</i>, by Veronica Zysk and Ellen Notbohm

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