

Welcome to the Pediatric Department! We care for newborns through adolescents up to their 18th birthday and are looking forward to providing you with high quality health care and service. We urge you to take advantage of our educational resources including kp.org and online newsletters. We welcome your feedback and look forward to helping you raise happy and healthy children.

Daly City Medical Offices

395 Hickey Boulevard Daly City, CA 94015-2770 (650) 742-2050

Pediatric Office Hours

Daly City Offices – 2nd Floor Mon. – Fri 9:00am – 5:00pm Closed 12:30pm – 1:30pm

After Hours Care

Telephone consultation appointments are available..

Injection Clinic- Weekdays 9am-12pm and 2pm-5pm

Advice and Appointments

Everyday (24 hours) (650) 742-2050 Please call early for best appointment choice

Poison Control

1-800-876-4766

Assure Your Baby's Kaiser Coverage

Please call the Kaiser Benefits
Department at **1-800-464-4000** to get information on:

- The specific coverage provided by your employer or group
- When & to whom to notify of your baby's birth to ensure uninterrupted Kaiser coverage

Choosing Your Child's Personal Physician

See informational brochure for available physicians or visit www.kp.org to search for one by facility.

Member Outreach

To speak to a Member Outreach Coordinator who can assist you in making your physician selection, please call **(650) 301-4727**

You may freely change your physician at any time

Types of Appointments

Telephone Consult with your doctor or trusted colleague for sick children or follow-up care

Newborn Club (1st visit after discharge)

- Multi-provider visit
- Review of newborn care and safety measurements
- Follow-up appointments will be made if necessary
- Lactation support available

Well Check

- Scheduled with your Personal Care Physician
- Overall check-ups include:
 - o Growth & development
 - o Height measurements
 - o Immunizations
 - o Parenting

Urgent Appointments

- For sick children only
- *Bring your child's Kaiser card and yellow immunization record to every visit.
- ** Please arrive 15 mins. early to your appointment to register.





Internet Resources

www.kp.org – Sign up for kp.org to email your child's pediatrician, make appointments, print shot records & order prescriptions.

Information on caring for your healthy and sick child is available. Online newsletters are available for every age group.

Types of Appointments Contd.

Asthma Education

For information on education classes available for children with asthma, please contact our Pediatric Asthma Coordinator at (650) 301-4450

To learn how to manage your child's asthma at home and when to seek medical attention immediately, please visit our physician home page at www.kp.org to view:

"Your Child's Asthma" videos in English and Spanish

Teen Clinic

Contact Information

- Pediatric Department-2nd floor
- Phone: (650) 301-4475

Available services include but not limited to:

- HIV & STD testing
- Pregnancy testing
- Birth control
- Vaccinations
- Alcohol/drug use counseling
- Relationships & sexuality questions

School, Camp, & Sports Forms

For special medical release forms needed from your pediatrician, please send to bring the form to the Pediatric Department.

- You may fax your form to (650) 301-4504
- Processing takes 2-5 days

Parenting Programs (examples)

- Mom & Baby Yoga
- Mommy, Daddy, and Baby Support Group
- Baby Sign Language
- Improving Your Child's Behavior – Toddlers
- Improving Your Child's Behavior – School Age
- Infant Massage
- Healthy Start Nutrition
- CPR Infants and Children

* For more information on available dates and times, please contact the:

Health Education Department & Breastfeeding Store

395 Hickey Blvd. – 4th Floor Mon. – Fri. 9:00am – 5:00pm Closed 12:20pm – 1:30pm (650) 301-4445

Well Check Schedule Your Calendar

2 weeks
2 months
4 months
6 months
12-14 months
21-24 months
3 years
4 years
5 years
Then, every 2 years through 12
years
Then, every 1-2 years for teens

Immunization Schedule

Hepatitis B-3 shot series: birth, 2 mo, 4 mo, 6 mo, or series of 3

before 7th grade

Rotavirus: 2 mo, 4 mo

Pneumococcal/HIB: 2 mo, 4 mo,

6 mo, 12-18 mo

Polio: 2 mo, 4 mo, 6 mo, 4-6 yrs. **DTaP/Tdap**: 2 mo, 4 mo, 6 mo, 12-18 mo, 4-6 yrs., 10+ yrs.

TB test: if high risk **MMR**: 12-18 mo, 4-6 yrs.

Chickenpox/varicella: 12-18 mo,

4-6 yrs.

Hepatitis A: 1 yr. series of 2 **Meningococcal**: 11+ yrs.

HPV-females: 9+ yrs. series of 3

Flu Vaccine every Fall

