

APPOINTMENT INSTRUCTIONS:

- 1. Preparation Instructions:
 - a. Empty your bladder 1 hour before the appointment time
 - b. Drink 2 glass of water (8 ounces each) 1 hour before the appointment and do not void.
 - c. Take your regular medications. Eating is permitted.
- 2. Please **review the location and time** of your appointment. Pelvic/obstetric ultrasound is performed at one of 3 locations in San Francisco, so please make sure to review your appointment reminder to check where you are scheduled to be seen:
 - a. Mission Bay Medical Center 1600 Owens St. 2nd Floor San Francisco, CA 94158
 - San Francisco Medical Center 2238 Geary Blvd, 3rd Floor San Francisco, CA 94115
 - c. San Francisco Main Hospital 2425 Geary Blvd, 2nd Floor San Francisco, CA 94115
- Please arrive 30 minutes before your scheduled appointment time. If you are late, your
 appointment may need to be rescheduled. Please allow extra time to find parking. DO NOT bring
 children that cannot be left unattended.
- 4. If you need to **cancel or reschedule** your appointment or have questions, please call 1-415-833-3720

