## Autism Spectrum Disorder and treatment Information
- American Academy of Pediatrics: [www.healthychildren.org](http://www.healthychildren.org)
- American Speech Language and Hearing Association: [www.asha.org](http://www.asha.org)
- Autism Speaks: [www.autismspeaks.org](http://www.autismspeaks.org)
- Center for Disease Control: [www.cdc.gov](http://www.cdc.gov)
- Interacting with Autism: [www.interactingwithautism.com](http://www.interactingwithautism.com)
- Kaiser Permanente - Division of Research: [www.autismresearch.kaiser.org](http://www.autismresearch.kaiser.org)
- UC Davis MIND Institute: [www.ucdmc.ucdavis.edu/mindinstitute/](http://www.ucdmc.ucdavis.edu/mindinstitute/)

## Parent support
- Family Resource Centers Network of CA: [www.frcnca.org](http://www.frcnca.org)
- Rocklin Family Resource Center Warmline - 916-632-2100
- Sacramento Family Resource Center Warmline - warmlinefrc.org, 800-455-9517
- San Joaquin Co: Family Resource Network - frcn.org, 800-847-3030
- Sutter Co: Family Soup - familysoup.org, 530-751-1925

## Parent training
- Kaiser Permanente classes and groups offered in **Rancho Cordova**: 916-631-2550
  - *Module I: Autism and Your Child: Charting the Course*, for parents of 3-6 yo
  - *Module II: Autism and Your Child: Charting the Course*, for parents of 6-18 yo
  - *More Than Words Speech Therapy Program*, for parents and children 2-5yo (Inquire with your Kaiser Permanente Speech Therapist)

  **Other trainings:**
  - Hanen Centre – Help children communicate: [www.hanen.org](http://www.hanen.org)

## Kaiser Permanente groups for kids, teens, young adults
- Groups offered by Kaiser Permanente Child Psychiatry- **Vacaville**, 707-624-2830
  - *Preteen group*: 9-13 yo
  - *Teen Group*: 14-18 yo
  - *Young Adult Group*: 18-32 yo

## California state services
- State of CA. Department of Developmental Services: [www.DDS.ca.gov](http://www.DDS.ca.gov)
- CA. Regional Centers (Early Intervention Services for 0-36 month olds): [www.DDS.ca.gov/rc/](http://www.DDS.ca.gov/rc/)
- Alta California Regional Center (Sacramento and surrounding areas): [http://www.altaregional.org](http://www.altaregional.org), 916-978-6400
### School-based services
- CA. Department of Education (for local school district programs for ages 3-22 years): [cde.ca.gov/sp/se/sr/](http://cde.ca.gov/sp/se/sr/)
- Some school districts also offer an infant program for 0-3 year olds

### For mental health concerns
- Kaiser Permanente Child Psychiatry Departments:
  - Rancho Cordova: 916-631-2550
  - Sacramento/Roseville: 916-973-5300
  - South Sacramento: 916-525-6100
  - Stockton: 209-476-2015
  - Vacaville: 707-624-2830
  - Vallejo: 707-645-2700

### For any medical concerns
- Contact your child’s doctor or call the advice line, if you have any medical or health concerns.

### For questions about Autism related therapy services
- Pediatric Developmental Disabilities Office (PDDO)
  - Mainline: 510-625-5677 (Fax #: 510-625-5471)

### For insurance benefits, co-pays, deductible amounts
- Kaiser Permanente Member Services Dept
  - 1-800-464-4000 or go to: [www.kp.org](http://www.kp.org) (must have an account)

### Set up an account on kp.org
- Sign up for kp.org to receive and send messages to your child’s doctors
  - Only Kaiser Permanente members can sign up for kp.org account

### Helpful Books
- **A Parent’s Guide to Asperger Syndrome**, by Sally Ozonoff
- **An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn**, by Sally Rogers and Geraldine Dawson
- **Raising a Sensory Smart Child**, by Lindsey Biel and Nancy Peske
- **Toilet Training for Individuals with Autism or Other Developmental Issues**, by Maria Wheeler
- **1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders**, by Veronica Zysk and Ellen Notbohm

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