



**PEDIATRIC DEVELOPMENTAL DISABILITIES OFFICE**  
**Autism Spectrum Disorder Resources for South Bay Area**

NEXT STEPS	WHERE TO GO
<b>Autism Spectrum Disorder and treatment Information</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> American Academy of Pediatrics: <a href="http://www.healthychildren.org">www.healthychildren.org</a></li> <li><input type="checkbox"/> American Speech Language and Hearing Association: <a href="http://www.asha.org">www.asha.org</a></li> <li><input type="checkbox"/> Autism Speaks: <a href="http://www.autismspeaks.org">www.autismspeaks.org</a></li> <li><input type="checkbox"/> Center for Disease Control: <a href="http://www.cdc.gov">www.cdc.gov</a></li> <li><input type="checkbox"/> Interacting with Autism: <a href="http://www.interactingwithautism.com">www.interactingwithautism.com</a></li> <li><input type="checkbox"/> Kaiser Permanente -Division of Research: <a href="http://www.autismresearch.kaiser.org">www.autismresearch.kaiser.org</a></li> <li><input type="checkbox"/> National Institute of Mental Health: <a href="http://www.nimh.nih.gov/">www.nimh.nih.gov/</a></li> <li><input type="checkbox"/> UC Davis MIND Institute: <a href="http://www.ucdmc.ucdavis.edu/mindinstitute/">www.ucdmc.ucdavis.edu/mindinstitute/</a></li> </ul>
<b>Parent support</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Family Resource Centers Network of CA: <a href="http://www.frcnca.org">www.frcnca.org</a></li> <li><input type="checkbox"/> Alameda Co: Family Resource Network - <a href="http://www.frnoakland.org">www.frnoakland.org</a>, 510-547-7322</li> <li><input type="checkbox"/> Monterey Co: Special Kids Crusade, <a href="http://www.specialkidscrusade.org">www.specialkidscrusade.org</a>, 831-372-2730</li> <li><input type="checkbox"/> San Mateo Co: Family Resource Center at Community Gatepath - <a href="http://www.gatepath.org">www.gatepath.org</a>, 650-259-8500</li> <li><input type="checkbox"/> Santa Clara Co: Parents Helping Parents Inc.- <a href="http://www.php.com">www.php.com</a>, 408-727-5775</li> </ul>
<b>Parent training</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Hanen Centre – Help children communicate: <a href="http://www.hanen.org">www.hanen.org</a></li> <li><input type="checkbox"/> University of Washington Autism Center – informational videos <a href="http://depts.washington.edu/uwautism/resources/online-tools/">http://depts.washington.edu/uwautism/resources/online-tools/</a></li> </ul>
<b>Kaiser Permanente groups for kids and teens</b>  *Class availability may change *yo= year old	<p>Kaiser Permanente-Santa Clara Child/Teen Psychiatry Groups, 408-366-4450</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Anxiety Group for Children with Autism, for 7-11 yo</li> <li><input type="checkbox"/> Building Daily Living Skills, for 7-11 yo</li> <li><input type="checkbox"/> Teen Learning and Living for High School age</li> </ul> <p>Kaiser Permanente-San Jose Child/Teen Psychiatry Groups, 408-360-2300</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Building Daily Living Skills, for 7-12 yo</li> <li><input type="checkbox"/> Teen Learning and Living Group, for 13-18 yo</li> </ul>
<b>California state services</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> State of CA. Department of Developmental Services: <a href="http://www.DDS.ca.gov">www.DDS.ca.gov</a></li> <li><input type="checkbox"/> CA. Regional Centers -Early Intervention Services for 0-36 month olds: <a href="http://www.DDS.ca.gov/rc/">www.DDS.ca.gov/rc/</a></li> <li><input type="checkbox"/> Regional Center of the East Bay- <a href="http://www.rceb.org">www.rceb.org</a>, Alameda: 510-618-6100; Concord: -925-691-2300</li> <li><input type="checkbox"/> Golden Gate Regional Center-<a href="http://www.ggrc.org">www.ggrc.org</a>, 415-546-9222</li> <li><input type="checkbox"/> San Andreas Regional Center-<a href="http://www.sarc.org">www.sarc.org</a>, 408-374-9960</li> </ul>
<b>School-based services</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> CA. Department of Education (for local school district programs for ages 3-22 years): <a href="http://www.cde.ca.gov/sp/se/sr/">www.cde.ca.gov/sp/se/sr/</a></li> <li><input type="checkbox"/> Some school districts also offer an infant program for 0-3 year olds</li> </ul>

<b>For mental health concerns</b>	<p>Kaiser Permanente Child Psychiatry Departments:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Milpitas: 408-945-2915</li> <li><input type="checkbox"/> Redwood City: 650-299-4777</li> <li><input type="checkbox"/> San Jose: 408-360-2300, <a href="http://www.kp.org/sanjose">www.kp.org/sanjose</a>, click “departments”, under “Specialty Departments” find “Autism Spectrum Disorder Center” and “Psychiatry: Child and Adolescent Division”</li> <li><input type="checkbox"/> Santa Clara: 408-366-4450</li> </ul>
<b>For any medical concerns</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Contact your child’s doctor or call the advice line, if you have any medical or health concerns.</li> </ul>
<b>For questions about Autism related therapy services:</b>	<p>Pediatric Developmental Disabilities Office (PDDO)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Mainline: 510-625-5677 (Fax #: 510-625-5471)</li> </ul>
<b>For insurance benefits, co-pays, deductible amounts:</b>	<p>Kaiser Permanente Member Services Dept</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 1-800-464-4000 or go to: <a href="http://www.kp.org">www.kp.org</a> (must have an account)</li> </ul>
<b>Set up an account on kp.org</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Sign up for <a href="http://kp.org">kp.org</a> to receive and send messages to your child’s doctors -Only Kaiser Permanente members can sign up for <a href="http://kp.org">kp.org</a> account</li> </ul>
<b>Helpful Books</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <i>A Parent’s Guide to Asperger Syndrome</i>, by Sally Ozonoff</li> <li><input type="checkbox"/> <i>An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn</i>, by Sally Rogers and Geraldine Dawson</li> <li><input type="checkbox"/> <i>Children with Autism: A Parent’s Guide</i>, by Michael Powers</li> <li><input type="checkbox"/> <i>More Than Words: A Parent’s Guide to Building Interaction and Language Skills for Children with Autism Spectrum Disorder or Social Communication Difficulties</i>, by Fern Sussman</li> <li><input type="checkbox"/> <i>Raising a Sensory Smart Child</i>, by Lindsey Biel and Nancy Peske</li> <li><input type="checkbox"/> <i>The Everyday Parenting Toolkit: The Kazdin Method for Easy, Step-by-Step, Lasting Change for You and Your Child</i>, by Alan Kazdin and Carlo Rotella</li> <li><input type="checkbox"/> <i>Toilet Training for Individuals with Autism or Other Developmental Issues</i>, by Maria Wheeler</li> <li><input type="checkbox"/> <i>1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders</i>, by Veronica Zysk and Ellen Notbohm</li> </ul>

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