

# Department of Physical Medicine and Rehabilitation—Spine Care Consultation Clinic

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Kaiser Permanente – Martinez Facility  
200 Muir Road, Martinez, CA 94553  
Hacienda Building, East End  
Phone (925) 313-4740

## **Dear Spine Service Patient:**

You have been referred to our department for a consultation with a Spine Care Specialist. Your initial consultation at the Spine Care Consultation Clinic will be approximately 40 minutes. The goal is to diagnose your problem as precisely as possible, and recommend an appropriate treatment plan. Our doctors spend the necessary time with each patient, which in some cases means going over the permissible time and it could mean that your doctor could be running late. You may wish to bring some reading material or work to do while waiting.

To assist your doctor in recommending the best possible care, we are requesting that you fill out the enclosed “Patient History Form” prior to your appointment and bring it with you. **PLEASE BRING ALL MEDICAL RECORDS FROM OUTSIDE OF KAISER PERMANENTE THAT PERTAIN TO YOUR CURRENT PROBLEM WITH YOU (X-RAY, CT-SCANS, MRI, ETC).** We will update or order anything needed.

## **About the physical examination:**

You will be asked to undress to your undergarments and wear a hospital gown. Loose fitting athletic shorts may be worn in lieu of the gown, but not athletic body suits. A complete evaluation requires that the entire spine and extremities be visualized and examined. Because you will be asked to disrobe and an exam will be performed it is best not to bring young children into the room. You may have one adult with you during your examination. Our doctors would also request that if you have a cell phone please turn it off during your visit. If you have any questions about your upcoming appointment, please call our staff at (925) 313-4740.

Our Diablo Service Area Spine Services in Martinez is located in the Hacienda building and our new DSA Spine Services in Livermore is on the 2nd floor, main building with Adult Medicine. Please register at station A or B. We look forward to helping you and hope you find the experience beneficial.

Thank you,

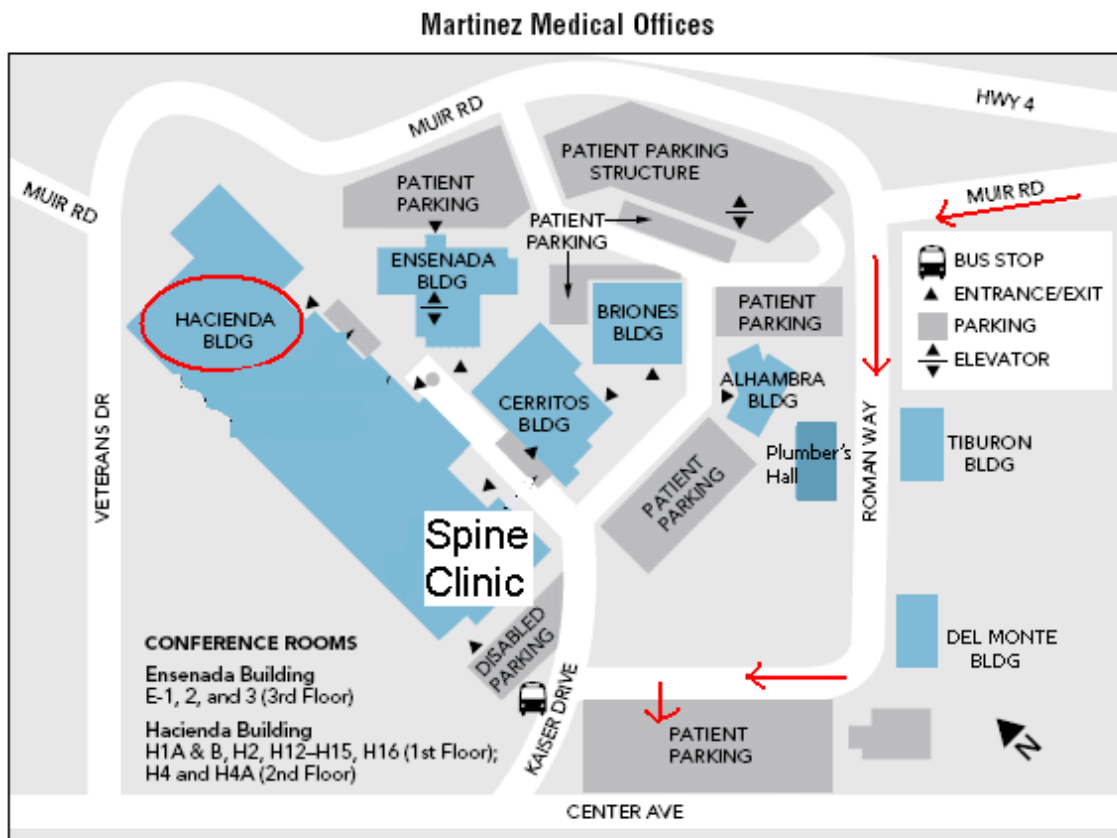
# Directions to Martinez Hacienda Spine Clinic

200 Muir Road, Martinez, CA 94553

Hacienda Building, East End

Located between Muir Road and Center Avenue adjacent to Highway 4

Get customized Directions from [Google Maps](#)



Map not to scale

## From Walnut Creek

- . Take Highway 680 northbound
- . Take Highway 4 westbound to Martinez/Richmond
- . Exit and turn left on Morello Ave.
- . Turn right onto Muir Road
- . Turn left on Roman Way
- . Turn left into parking lot or Turn right on Kaiser Drive for Handicap Parking

## From Benicia Bridge

- . Take Highway 4 westbound to Martinez/Richmond
- . Exit and turn left on Morello Ave.
- . Turn right onto Muir Road
- . Turn left on Roman Way
- . Turn left in to parking lot or Turn right on Kaiser Drive for Handicap Parking

## From Richmond

- . Take Highway 4 eastbound
- . Exit and turn right on Morello Ave.
- . Turn right onto Muir Road
- . Turn left on Roman Way
- . Turn left in to parking lot or Turn right on Kaiser Drive for Handicap Parking