

# PREVENTIVE SERVICES

East Bay Service Area



*Take control of your health.*

**Get up-to-date on your screenings today!**

[CLICK HERE TO VIEW YOUR PREVENTIVE SERVICES](#)

## **Vaccine**

(Influenza, Adult Tdap, Pnuemo Vaccine)

Call  
(510) 752-1190  
for information.

## **Blood Pressure Control**

*and/or*

## **Colorectal Cancer (CRC) Screening**

**Please call your doctor's office:**

- Oakland/Alameda (510) 752-1190
- Richmond (510) 307-1555
- Pinole (510) 243-4100

## **Cholesterol**

*Screen and/or*

## **Hemoglobin A1c**

(Diabetes test)

*Ask your health care provider today to order your test by phone or secure message via [kp.org](http://kp.org).*

## **Diabetic Eye (Retinal) Screen**

**Call  
Eye Care Services**

- Oakland/Alameda (510) 752-1235
- Richmond/Pinole (510) 307-1530

## **Mammography (Breast Cancer Screen)**

**Call  
Mammography**

- Oakland (510) 752-1190
- Richmond (510) 307-2300
- Pinole (510) 243-4500

## **Cervical Screen (Pap Smear)**

**Call OB/GYN**

- Oakland/Alameda (510) 752-1100
- Richmond (510) 307-1588
- Pinole (510) 243-4400

## **Smoking Cessation Classes**

**Call  
Health Education**

- Oakland/Alameda (510) 752-6150
- Richmond (510) 307-2210
- Pinole (510) 243-4020



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