

UroLift System Patient information

The UroLift System is a new, minimally invasive treatment that alleviates bothersome urinary symptoms caused by an enlarged prostate. It provides rapid symptom relief, preservation of sexual function, a quick return to normal activity in a few days, small likelihood of a catheter placed after the procedure, and increased quality of life.

How does the UroLift System work? The doctor places small, permanent implants into the prostate to lift and hold the enlarged tissue out of the way (like a window curtain tie-back), relieving pressure on the urethra and allowing urine to flow by holding the lobes of the prostate open. The procedure is performed as an outpatient surgery in the operating room under local or general anesthesia. There is no cutting, heating, or removal of prostate tissue required which means a minimally invasive, straightforward procedure and less downtime for patients. The entire procedure is performed through the natural opening of the urethra. The small UroLift implant is made from commonly used implantable materials. Typically, 4-5 implants are used per patient. Many men will go home without a catheter in their bladder. Most men do not need or can stop prostate medication after a UroLift implant.

The most common risks of the UroLift System include burning during urination, blood in the urine, pelvic discomfort, urinary urgency, bladder spasms, urge incontinence, urinary tract infection, and urinary retention. Most symptoms were mild to moderate in severity and resolved within two to four weeks after the procedure. The procedure has not been reported to cause erectile dysfunction or ejaculatory dysfunction.

Frequently Asked Questions

Is UroLift System treatment right for me?

The UroLift System is a treatment option for patients with bothersome urinary symptoms and an enlarged prostate who are looking for an alternative to drugs or major surgery. You may be considering a TURP/Laser treatment, or you are unhappy with or have stopped taking medications. The UroLift System is appropriate for patients seeking a minimally invasive treatment and who are concerned about preserving their sexual function and their quality of life, post-treatment.

How soon will I feel better after having the UroLift System treatment?

Patients may experience improvement in their lower urinary tract symptoms as early as 2 weeks after the procedure. Most men experience the full benefit of the procedure by 1-3 months after implantation.

Will it affect my sexual function?

There have been no reports of erectile dysfunction or ejaculatory dysfunction as a result of the UroLift System treatment.

What happens during the recovery period?

There is minimal downtime post-procedure and patients may experience symptom relief in as early as 2 weeks. Typically, no overnight stay and no catheter is required but you may experience urinary discomfort during the recovery period. Your doctor will discuss with you how quickly you can return to your daily activities.

What clinical data is available for the UroLift System?

There is a large amount of data from clinical studies conducted in the US, Canada, Europe, and Australia that has been presented in peer-reviewed medical publications demonstrating the safety and effectiveness of the UroLift System. To learn more about the clinical data available, visit <http://urolift.com/clinical-data>.

Where can I learn more about the UroLift System?

Visit <https://www.uroliftforbph.com/urolift-system.htm>.