Thank you for your interest in laser for Vascular Lesions (spider veins and dilated veins on the face, neck, trunk, arms, and legs). This latest technology is safe, fast, and highly effective in removal of unwanted vascular lesions.

**BASIC INFORMATION:**

1. The laser works by delivering energy to blood vessels resulting in heating, destruction, and closure.
2. The laser targets oxyhemoglobin (the red color in blood). Veins that are blue or green **cannot** be treated with the laser.
3. Multiple treatments may be necessary. Treatments are spaced 6 - 8 weeks apart for best results.
4. Pricing varies depending on the area(s) being treated. There is a base fee of $175 and an additional $1.00 per pulse of the laser. The pulse size is 7 mm (approx. the size of a pencil eraser).
5. A $75 deposit is required at the time of booking. Please cancel 48 hours or more prior to your scheduled laser appointment or your $75 will be non-refundable or non-transferable.

**BEFORE AND AFTER TREATMENT:**

1. **DO NOT TAN AT LEAST 6 WEEKS PRIOR** to your laser treatments and 4 weeks after your last treatment. This includes tanning booth/bed, artificial tanning creams, and sprays. **TANNED SKIN CANNOT BE TREATED!**
2. Don’t stop any medicines prescribed by your doctor. But if, on your own, you take medicines that may promote bleeding (such as aspirin, Motrin, Ecotrin, Aleve, Vitamin E greater than 400 international units daily, gingko biloba, St. John’s Wort etc.), avoid them for a week before the procedure and for a week after. If you need a painkiller for any reason, we recommend acetaminophen (Tylenol).
3. This treatment is mildly uncomfortable, and many patients say it feels like a ‘rubber band snap’. We cannot use topical numbing creams since these constrict the vessels.
4. Immediately following the laser treatment, the treated area will appear red or bruised. Bruises can last 7-14 days. Some areas may swell.

5. **Aftercare:** For 3 days after treatment, avoid any trigger for flushing such as sun, sauna, steam, stove-hot foods such as hot soups, alcohol, and vigorous exercise. Make-up should **not** be applied for 24 hours. Retin A, glycolic acids, etc., should be avoided 2 days prior to treatments and 5 days following. Do not use anything abrasive to remove make-up for a week after your treatment. Do not rub with a washcloth, Kleenex, or cotton pads - only use your hands, lukewarm water, and a mild cleanser like Aquanil or Cetaphil. The area is extremely delicate right after the treatment.

Services described here are provided on a fee-for-service basis. These services are not provided or covered by Kaiser Foundation Health Plan, Inc., and you are financially responsible to pay for them. Clinical services are provided by providers or contractors of The Permanente Medical Group, Inc. Results of services vary among patients and cannot be guaranteed. Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals may receive compensation for providing facilities and/or other support in connection with these services. For specific information about your health plan benefits, please see your Evidence of Coverage.