

Wound Care Instructions



Wound Care Instructions:

Keep wound covered and dry for 18 to 24 hours.

If blood oozes through the dressing you may remove the dressing and apply continuous pressure with a clean cloth or gauze for 15 minutes. After bleeding stops apply a new bandage over the area.

If you choose not to remove the dressing you may leave it in place and apply pressure with your hand for 15 minutes and elevate the area.

Remove the dressing and clean the wound with soap and water once or twice daily.

Shower (without the adhesive strip bandage) and gently wash the area. If the site has sutures (stitches) try to remove any crusting with a cotton swab.

Apply a thin coat of the antibiotic ointment or petroleum jelly.

Keep the wound covered with a band-aid / dressing.

Continue as above until the site is healed or sutures are removed.

If you have any problems with swelling, redness, drainage, excessive bleeding, pain, or opening of your skin, please call us at (650) 299-2111.

You can also visit your doctor's home page for more information on skin care by going to kp.org/mydoctor