



Wound Care Instructions

Wound Care Instructions

1. Leave bandage on and dry till the day after your procedure.
2. Remove bandage carefully and gently wash wound with mild soap and water.
3. Pat dry carefully and apply over-the-counter polysporin, bacitracin ointment or vaseline to the wound and cover with a new bandage.
4. Repeat daily till wound heals completely or until your next visit.

Please Note:

- If bleeding develops, apply constant pressure for 15-20 minutes. If bleeding persists, contact your doctor or the emergency room if after office hours.
- You may take Tylenol if you experience pain after the procedure. Avoid aspirin or Motrin as these medications can increase bleeding.
- Please call the clinic if you see signs of infections (pus, increasing pain or spreading redness at the surgical site).
- For biopsies, the doctor will contact you by phone or mail with the results. This takes 1-2 weeks on average. Results are not available on the Kaiser website or email system to comply with patient privacy regulations.