Anal Wart Fulguration Care

Diet

- Start with clear liquids only today to prevent nausea and constipation (soup, Jell-O, juices, Popsicles, carbonated beverages or water). Exception: When taking pain medication.

- Advance to regular diet tomorrow. Eat lots of whole grains, green leafy vegetables, and fruits. Avoid foods that cause constipation such as dairy products red meat, processed foods such as pizza, frozen dinners, pasta, sugar products such as cakes, pies, pastries, doughnuts and drinks containing caffeine.

Medication

- Take pain medication with food (i.e., crackers or toast) as ordered by your doctor.

- If antibiotics were ordered, take all of the pills as directed on the bottle.

- Take stool softeners as prescribed.

Activity

- Rest for the next 24 hours and then resume your normal activities as tolerated.

Dressing

- If there is a dressing, you may remove it in 24 hours.

Bathing

- No restrictions. Sitz bath if directed to do so. Fill your bathtub with 6-8 inches of clean, warm water and sit in it for 20 minutes with your knees against your chest.

Miscellaneous

- No alcohol or driving for 24 hours after surgery or while taking pain medicine.

- Do not make any personal or business decisions for 24 hours.

- You should have a responsible adult with you for the next 24 hours.
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What to Expect

- Some discomfort depending on type of surgery, but this should not be excessive.
- To be sleepy during the day, but not excessively so.
- Have some nausea, vomiting or dizziness today but this should not persist until tomorrow.
- To have a sore throat, if you had a general anesthetic.

Possible Problems

Call your doctor if you have:

- Excessive pain (pain medication may not completely eliminate discomfort).
- Excessive swelling and/or bleeding.
- Temperature above 101.5°F.
- Unable to urinate within 8 hours after surgery.
- Unable to drink liquids in the morning because of nausea and/or vomiting.

Telephone numbers to Call with Problems or Questions

Surgery Clinic: Department 286
Mon – Fri, 8:30 a.m. to 5 p.m.
(408) 851-2000

Medical Offices Call Center (if clinic is not open)
Mon – Fri, Weekends and Holidays
(408) 554-9800

Emergency Department
Open 24 hours
(408) 851-5300

Anesthesia Service Line
Open 24 hours; your call will be returned within one business day.
(408) 851-6020

Follow-up Appointment

Place: ____________________________
Return to Work: ____________________________
Date: ____________________________
Your Doctor's Name: ____________________________
Time: ____________________________