

Allergy Testing

Pre-test Procedure Instructions

Allergy testing is done to identify substances called allergens that trigger your allergy symptoms. Test results can better determine how to treat your allergies. However, if certain medications are taken before the tests, the test results will not be accurate.

If you have rashes/hives, continue taking your antihistamines.

Discontinue five (5) days before:

- Loratadine (Claritin, Alavert, Dimetapp ND, Wal-itin, Allerclear)
- Cetirizine (Zyrtec, Aller-tec, Alleroff, Wal-zyr, Cetiri-D)
- Desloratadine (Clarinex)
- Fexofenadine (Allegra, Allegra-D, Wal-fex, Aller-fex)
- Azelastine (Astelin)
- Xyzal (Levocetirizine)
- Doxepin (anti-depressant)

Discontinue three (3) days before test:

- Hydroxyzine (Atarax)
- Dimetapp
- Tavist (Clemastine Fumarate)
- Tavist D (Clemastine Fumarate + Phenylpropanolamine)
- Tylenol PM, Advil PM, and most OTC sleep aids
- Kronofed

Discontinue 48 hours before test:

- **CERTAIN ANTI-ACIDS:** Tagamet (Cimetidine), Pepcid (Famotidine), Zantac (Ranitidine)
- **CERTAIN NON-ALLERGY MEDICATIONS:** Amitriptyline, Nortriptyline
- Actifed (Pseudoephedrine Hydrochloride + Triprolidine)
- Benadryl (Diphenhydramine)
- Chlortrimeton (Chlorpheniramine)
- Deconamine (Pseudoephedrine + Chlorpheniramine)
- Dimetane (Brompheniramine Maleate)
- Disophril (Dexbrompheniramine + Pseudoephedrine)
- Dristan Decongestant (Phenylephrine + Chlorpheniramine)
- Drixoral (DexBrompheniramine + Pseudoephedrine)
- Isochlor (Chlorpheniramine)
- Naldecon (Phenylpropanolamine)
- Ornade (Phenylpropanolamine + Chlorpheniramine)
- Polarmine (Dexchlorpheniramine)
- Rondex (Chlorpheniramine)
- Ru-Tuss (Phenylpropanolamine Hydrochloride + Chlorpheniramine)
- Rynatan (Phenylpropanolamine Hydrochloride + Chlorpheniramine)
- Sudafed Plus (Pseudoephedrine + Chlorpheniramine)
- Triaminic (Pseudoephedrine + Chlorpheniramine)
- Trinalin (Azatadine Maleate + Pseudoephedrine)
- Periactin (Cyproheptadine)
- Duratap/pd
- Promethazine Cough Syrup
- **Any "nighttime" cough and cold medication**
- NyQuil

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You may continue the following:

- Prilosec (Omeprazole)
- Some nasal sprays (Fluticasone, Nasarel)
- Entex
- Uniphyl
- Theophyllines (Slobid, Theodor)
- Asthma inhalers
- All asthma medications
- Aerobid (Flunisolide)
- Alupent (Metaproterenol Sulfate)
- Aminophylline
- Aristocort (Triamcinolone)
- Atrovent (Ipratropium)
- Azmacort (Triamcinolone Acetonide)
- Singulair (montelukast)
- Prednisone
- Aspirin
- Robitussin DM
- Day Quil
- Nexium
- Mucinex
- Guaifenesin

If you are scheduled for a Pulmonary Function Test (PFT):

Discontinue 4 hours before
Pro-Air (Albuterol, Ventolin)

Discontinue 12 hours before
Serevent, Dulera, Symbicort
and/or Advair)

You may continue
Qvar, Flovent, Asmanex,
Pulmicort and/or Singulair